

# Key Driver Diagram + Change Ideas: Family Retention SFY20 CQI Learning Collaborative

Primary Drivers	Secondary Drivers		Change Ideas
<p style="text-align: center;"><b>1</b></p> <p style="text-align: center;">Competent, supported, and trauma-informed workforce to support effective family engagement</p>	<p style="text-align: center;">1.</p>	<p>Comprehensive and ongoing training opportunities for HVs and Supervisors related to:</p> <ul style="list-style-type: none"> <li>- Core competencies</li> <li>- Communication skills</li> <li>- Motivational Interviewing (MI)</li> <li>- Culturally responsive services</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Training and implementation of Motivational Interviewing (MI) followed by ongoing coaching and support</li> <li><input type="checkbox"/> Training and opportunities for role play/practice related to communication skills and having difficult conversations with families</li> <li><input type="checkbox"/> Team discussions about reasons for disengagement and potential strategies</li> <li><input type="checkbox"/> Host a training by community partners who are expert in fields related to family experiences (e.g. opioid use, homelessness)</li> </ul>
	<p style="text-align: center;">2.</p>	<p>Timely and effective supervisory and organizational support for HVs, including Reflective Supervision</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Reflective supervision that addresses cultural competencies and family engagement and individual supports for the home visitor</li> <li><input type="checkbox"/> Record home visits and review/reflection with supervisor</li> <li><input type="checkbox"/> Routine home visit observation by supervisor</li> <li><input type="checkbox"/> Group reflective supervision</li> </ul>
	<p style="text-align: center;">3.</p>	<p>Trauma-informed organizational practices, policies, and systems of support and self-care</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> NEAR@Home training and implementation to address ACEs and support trauma-informed work</li> <li><input type="checkbox"/> Infant mental health consultation</li> <li><input type="checkbox"/> Identify resources within the community; develop strong connections and form partnerships with community agencies that offer treatment and supports for families who have experienced or are experiencing trauma</li> </ul>
<p style="text-align: center;"><b>2</b></p> <p style="text-align: center;">Trusting and effective partnership between Home Visitor and Family</p>	<p style="text-align: center;">1.</p>	<p>HVs are attuned and responsive to evolving family needs</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Facilitating Attuned Interactions (FAN) training, implementation, and ongoing support</li> <li><input type="checkbox"/> Team FAN reflections and case conferencing</li> <li><input type="checkbox"/> Training on adult relationships and attachment</li> <li><input type="checkbox"/> Utilize Motivational Interviewing (MI) strategies to identify family priorities and goals</li> <li><input type="checkbox"/> Routinely revisit family goals/expectations of home visiting program</li> <li><input type="checkbox"/> Offer a new home visitor for families who have disengaged from services</li> <li><input type="checkbox"/> Periodic check-ins to assess family's hopes and expectations of home visiting program</li> </ul>
	<p style="text-align: center;">2.</p>	<p>Programs are adaptive and flexible in service delivery style, hiring and training to meet the diverse needs of families</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Recruitment and referral materials reflect cultural and linguistic needs of target population</li> <li><input type="checkbox"/> Program flexibility in time and location of service delivery to meet family preferences and needs (e.g. evening visits to accommodate caregiver work schedule)</li> <li><input type="checkbox"/> Team discussions for detecting early disengagement cues and possible strategies for reengagement</li> </ul>

	3.	Engagement with fathers and other family members	<input type="checkbox"/> Adapt visit plan/activities to incorporate fathers/partners/other family members <input type="checkbox"/> Schedule visits to support father engagement <input type="checkbox"/> Identify opportunities to engage fathers outside of home visits (e.g. group events, activities for families)
	4.	Positive and responsive process for transferring family to new HV	<input type="checkbox"/> Create a protocol/policy for transferring clients to a new home visitor <input type="checkbox"/> Use transition as an opportunity to re-evaluate the family's experience and goals for home visiting <input type="checkbox"/> Outgoing and new home visitor arrange for at least 1-2 joint visits to facilitate a warm hand-off <input type="checkbox"/> Supervisor joins for first home visit with new home visitor
<b>3</b> Intensive and effective strategies for early engagement with newly enrolled families	1.	Positive and welcoming recruitment process for all families	<input type="checkbox"/> Postcard introducing new home visitor to family (e.g. "baseball card with home visitor information") <input type="checkbox"/> Welcome kits/bags for newly enrolled families (e.g. may include team photo, important program information, activities, etc.) <input type="checkbox"/> Utilize a team approach in introducing the program <input type="checkbox"/> Restructure first visit to focus on relationship-building rather than completion of paperwork
	2.	Adaptations to provide culturally appropriate and responsive services	<input type="checkbox"/> Outreach materials specify family choice in home visit day/time/location in early intensive phase <input type="checkbox"/> Program materials (including outreach materials) reflect cultural and linguistic needs of families served <input type="checkbox"/> Cultural competency training and ongoing support for home visitors <input type="checkbox"/> Identify opportunities for appropriate and meaningful cultural adaptations to the program
	3.	Increased frequency of visits in first few months and early connection of families to desired resources	<input type="checkbox"/> Schedule weekly visits for first 2-3 months to support relationship building <input type="checkbox"/> Schedule back-up visits to balance cancellations/no-shows <input type="checkbox"/> Offer certificates/incentives for family's for early completion of visits/first few months (e.g. scrapbook w/photos of parent-child interactions, etc.) <input type="checkbox"/> Complete family checklists addressing family's wants/needs/ goals for the program, with continual follow-up <input type="checkbox"/> Early linkage of families to other community supports and services that address family barriers and following up on effectiveness of referral

<p style="text-align: center;"><b>4</b></p> <p style="text-align: center;">Workforce resilience, engagement and retention</p>	1.	Prioritization and protection of time/resources to cultivate resilience, stress management, wellness, and self-care	<input type="checkbox"/> Flexibility in work schedules for home visitors <input type="checkbox"/> Regularly provide staff/team with opportunities to engage in self-care practices and stress management strategies (individual and community), incorporated into the workday <input type="checkbox"/> Regular use of FAN Mindful Self-Regulation (MSR) strategies before, during, and after visits <input type="checkbox"/> Supervisors support home visitors to develop individual wellness/safety plan to manage stress/overwhelm in certain situations/home visits <input type="checkbox"/> Group reflective supervision
	2.	Camaraderie and teamwork – social cohesion, shared understanding, and trusting relationships	<input type="checkbox"/> Provide a predictable physical space for staff to break together <input type="checkbox"/> Organize opportunities for staff to celebrate work accomplishments, share meals/breaks together, generally have fun 😊 <input type="checkbox"/> Meetings incorporate team building activities to create cohesiveness and strong culture <input type="checkbox"/> Schedule regular work related “retreats”, planned with input from team <input type="checkbox"/> Use an online platform/app to support team communication (e.g. Slack)
	3.	Opportunities for team members to engage in leadership and professional growth	<input type="checkbox"/> Create opportunities for team members to step into leadership roles related to different aspects of program activities (e.g. CQI, Group Connections, community partnerships, outreach, data) <input type="checkbox"/> Identify and offer opportunities for professional growth aligned with home visitor goals
<p style="text-align: center;"><b>5</b></p> <p style="text-align: center;">Engagement of family voice and leadership in home visiting</p>	1.	Opportunities and supports for families/parents to participate in program leadership	<input type="checkbox"/> Help implement/facilitate parent-led support groups <input type="checkbox"/> Include parents as a member of the CQI team <input type="checkbox"/> Develop a script for home visitors to use to communicate parent involvement opportunities <input type="checkbox"/> Share a letter with families outlining opportunities for leadership/involvement <input type="checkbox"/> Use a strengths-based approach to identify parent strengths and opportunities for contribution/involvement <input type="checkbox"/> Utilize social media to connect/engage families with the program and with other families
	2.	Families actively involved in defining program success	<input type="checkbox"/> Include parents as members of policy council or program advisory board <input type="checkbox"/> Routinely collect feedback through a parent survey (involve parents in survey design)
	3.	Routine processes to incorporate family voice in program decision-making	<input type="checkbox"/> Facilitate parent/caregiver focus groups <input type="checkbox"/> Host a parent cafe <input type="checkbox"/> Conduct listening sessions with families (enrolled or exited) to understand motivations to remain or exit from program